

PERU ELEMENTARY SCHOOL DISTRICT 124

BREAKFAST/LUNCH MENU

SEPTEMBER 2014

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL LABOR DAY	2 Cereal Toast/Jelly Fruit/Juice Corn Dog French Fries Baked Beans Mandarin Oranges	3 Pancakes/Syrup Fruit Juice Pork Chop Patty on Bun Corn Hot Apple Slices	4 Cinnamon Cream Cheese filled Bagel Cereal Bar Fruit/Juice Breaded Chicken Preen Beans Grapes	5 Pancake Sausage on Stick Fruit Juice Stuffed Crust Pizza Sweet Potato Criss Cross Fries Diced Peaches
8 French Toast Sticks Fruit Juice Spaghetti/Meat Sauce Mixed Vegetables Diced Pears	9 Cereal Strawberry Poptart Fruit/Juice Italian Chicken Strips AuGratin Potatoes Carrots Fruit	10 Pancakes/Syrup Fruit Juice BBQ Ribs on Bun Green Beans Apricots	11 Blueberry Muffin Yogurt Fruit Juice Bosco Sticks Pasta Salad Peas Tropical Fruit	12 Breakfast Pizza Fruit Juice Cheese Pizza Corn Sliced Watermelon
15 Breakfast Sausage Bites Fruit Juice Hot Dog on Bun Sweet Potato Puffs Carrots Sliced Peaches	16 Breakfast Wrap with Cheese Bagel/Cream Cheese Fruit/Juice Creamed Chicken in Bread Bowl Green Beans Fruit Cocktail	17 Pancakes/Syrup Fruit Juice Country Fried Steak Mashed Potatoes/Gravy Dinner Roll Corn Grapes	18 Cereal Biscuit/Jelly Fruit/Juice Popcorn Chicken Baked Beans Diced Pears	19 Waffles/Syrup Fruit Juice French Bread Pizza Carrot & Celery Sticks Orange Wedges
22 French Toast/Syrup Fruit Juice Hamburger on Bun Scalloped Potatoes Wax Beans Diced Peaches	23 Mini Cinnamon Roll Pancakes/Syrup Fruit/Juice Italian Chicken Breast on Bun Wild rice Carrots Fruit Cocktail	24 Omelet Sausage Patty Biscuit Fruit/Juice Breaded Turkey on Bun Green Beans Diced Pears	25 Chocolate Chip Mini Muffins Graham Cracker Sticks Fruit/Juice Taco in a Bag Romaine Salad/Salsa Mixed Fruit	26 Breakfast Pizza Fruit Juice Sausage Pizza Steamed Broccoli Pineapple Tidbits
29 Waffles/Syrup Sausage Patty Fruit/Juice Macaroni & Cheese Bread & Butter Three Bean Salad Sliced Peaches	30 Cereal Toast/Jelly Fruit/Juice Chicken Drumsticks Peas & Carrots Apricot Halves	Oct 1 French Toast Sticks/Syrup Fruit Juice Meatball Sub Spinach Salad Diced Pears	2 Frosted Poptarts Fruit Juice Pizza Burger on Bun Green Beans Pineapple Tidbits	3 Breakfast Pizza Fruit Juice Cheese Pizza Baked Northern Beans Fruit Cocktail

MILK SERVED DAILY WITH BREAKFAST AND LUNCH

Parkside School

AlaCarte Price List

Hot & Cold Subs
\$2.00



Sandwiches, Wraps, Salads
Pretzels & Cheese, Nachos
\$1.75



PBJ, Side Salads
Soup, Lg. Water
\$1.00



Juice Box, Baked Chips, Bagels
Pickle, Sm. Water, Ice Cream
String Cheese, Fruit Parfait
Yogurt, Goldfish Crackers
\$.75



Fruit Snacks, Granola Bars
100% Fruit Juice Cups
\$.50



Alternative Hot Lunch Entree

Monday: Pizza

Tuesday: Chicken Nuggets

Wednesday: Bosco Sticks

Thursday: Corn Dog Nuggets

Friday: Popcorn Chicken

Soups served seasonally

Chili everyday + one additional soup